

Race Date
August 26, 2017

Northwoods De-Feat Violence 10 miler - 5K

Overall Finish List

5K							Female	
<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Lindsey Hafs	Bemidji MN	510	34	F	1 1-99	28:47.8	5:45/K
2	Kathy Gorick		930	49	F	2 1-99	29:29.7	5:54/K
3	Melissa Arneson	Solway MN	521	50	F	3 1-99	30:35.9	6:07/K
4	Elena Peterson	Bemidji MN	503	10	F	4 1-99	31:23.3	6:17/K
5	Jou Huseby		558	45	F	5 1-99	32:24.9	6:29/K
6	Shelly Geerdes	Bemidji MN	555	49	F	6 1-99	36:24.6	7:17/K
7	Brooke Lynn Thingvold	Stillwater MN	543	20	F	7 1-99	36:32.8	7:18/K
8	Sara Thingvold	Stillwater MN	523	48	F	8 1-99	36:33.0	7:19/K
9	Monica De La Cruz	Walker MN	541	41	F	9 1-99	38:16.3	7:39/K
10	Eva Fisher	Bemidji MN	506	34	F	10 1-99	39:15.8	7:51/K
11	Leslie Nicholson	Baudette MN	524	45	F	11 1-99	39:28.9	7:54/K
12	Trudy Peterson	Bemidji MN	508	0	F	1 0- 0	42:44.5	8:33/K
13	Elizabeth Peterson	Bethel MN	534	8	F	12 1-99	42:44.9	8:33/K
14	Pam Roiger	Bemidji MN	538	60	F	13 1-99	47:01.8	9:24/K
15	Veronica Veaux	Bemidji MN	550	37	F	14 1-99	50:37.7	10:07/K
16	Nokomis Paiz	Redlake MN	530	41	F	15 1-99	50:58.0	10:12/K
17	Sonoma Paiz	Minneapolis MN	548	40	F	16 1-99	50:59.4	10:12/K

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1	Jerad Huseby		559	10	M	1 1-99	29:48.3	5:58/K
2	Derrick Thingvold	Bemidji MN	518	21	M	2 1-99	36:31.7	7:18/K
3	Greg Thingvold	Stillwater MN	513	52	M	3 1-99	36:39.7	7:20/K
4	Winchester Wearden	Walker MN	546	40	M	4 1-99	38:16.0	7:39/K
5	Elliott Koch	Laporte MN	525	10	M	5 1-99	42:31.7	8:30/K
6	Robie Rock	Cass Lake MN	531	41	M	6 1-99	50:38.0	10:08/K
7	Aeron Muckala	Bemidji MN	507	42	M	7 1-99	51:03.3	10:13/K

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1	Andrea Nelson	Bemidji MN	509	43	F	1 1-99	1:09:00.9	6:54/M
2	Robyn Bancroft		931	49	F	2 1-99	1:14:26.4	7:27/M
3	Cristy Risberg	Glyndon MN	547	44	F	3 1-99	1:18:07.2	7:49/M
4	Kristin Farnan		932	36	F	4 1-99	1:20:00.2	8:00/M
5	Melanie Schmidt	Bemidji MN	504	41	F	5 1-99	1:21:55.6	8:12/M
6	Ashlea McMartin	Bemidji MN	502	30	F	6 1-99	1:23:59.7	8:24/M
7	Dana Fenske	Bemidji MN	501	33	F	7 1-99	1:31:12.4	9:07/M
8	Betsy Bignall	Bemidji MN	526	40	F	8 1-99	1:31:45.6	9:11/M
9	Jennifer Pirkl	Bemidji MN	512	42	F	9 1-99	1:31:58.4	9:12/M
10	Sarah Nevalainen	Kabetogama MN	519	33	F	10 1-99	1:32:58.4	9:18/M
11	Schreiber Leann		557	56	F	11 1-99	1:34:25.3	9:27/M
12	Amanda Willis	Bemidji MN	533	39	F	12 1-99	1:37:35.9	9:46/M
13	Lindsey Whiting	Bemidji MN	532	32	F	13 1-99	1:38:15.5	9:50/M
14	Betsey McIntyre	Grand Forks ND	535	31	F	14 1-99	1:39:18.8	9:56/M
15	Andrea Kingbird	Bemidji MN	520	38	F	15 1-99	1:54:31.7	11:27/M
16	Mili Zecaren		111	39	F	16 1-99	2:00:35.2	12:04/M
17	Tamika-Jo Andy	Bemidji MN	516	22	F	17 1-99	2:09:35.2	12:58/M
18	Ellen Nelson	Bemidji MN	514	36	F	18 1-99	2:10:51.0	13:05/M
19	Nichole Powers	Bemidji MN	522	42	F	19 1-99	2:38:56.3	15:54/M

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1	Sam Dwyer		556	23	M	1 1-99	57:39.5	5:46/M
2	Jesse Prince	Bemidji MN	527	36	M	2 1-99	59:42.5	5:58/M
3	Eric Carlson	Bemidji MN	529	37	M	3 1-99	1:10:15.4	7:02/M
4	Jordan McIntyre	Grand Forks ND	540	31	M	4 1-99	1:10:22.6	7:02/M
5	Derek Port	Bemidji MN	517	26	M	5 1-99	1:15:06.4	7:31/M
6	Steve Howard	Bemidji MN	515	51	M	6 1-99	1:20:57.9	8:06/M
7	Dan Zellner		929	31	M	7 1-99	1:21:29.5	8:09/M
8	John Peterson	Bemidji MN	542	38	M	8 1-99	1:23:17.3	8:20/M